



Drop in Anytime!

ZPOWER FITNESS

\$5

CASH PER CLASS

MEMBERS FREE



For news, class info and other fun stuff, like us/join our Facebook page.

www.zpowerfitness.com - join our email list!



ZPOWER FITNESS at Wild Horse Fitness

920 Kehrs Mill Road- Ballwin, MO 63011

CLASS SCHEDULE - 2017

Monday 9:15 AM - Tami  
7:00 PM - Cindy

Tuesday 9:30 AM - Daphne  
7:00 PM - Sam

Wednesday 9:15 AM - Tami/Daphne

Thursday 6:30 PM - Echo

Friday 9:15 AM - Tami

Saturday 9:15 AM - Sam

Check our website calendar for specific class information and to learn about our special \$7 - 90-MINUTE Holiday and Club Nite Zumba Dance Parties.

ALL STAFFING IS SUBJECT TO CHANGE - Schedule Effective 1/15/2017